

## Client In-Take Form



Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Best contact #: \_\_\_\_\_ Text Message? Yes No

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Referred by: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hobbies/Activities: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Have you ever had professional massage? Yes No  
If yes, what kind and how often? \_\_\_\_\_

Do you have any difficulty laying on your front, back or side? Yes No  
If yes, please explain: \_\_\_\_\_

Do you have any allergies/sensitivities to oils, lotions, ointments, or scents? Yes No  
If yes, please explain: \_\_\_\_\_

Please identify the particular areas where you experience tension, pain, stiffness and/or other discomfort:  
\_\_\_\_\_  
\_\_\_\_\_

Please list your medications: \_\_\_\_\_

Please check any condition(s) listed below that have ever applied to you:

- |  |  |
|--|--|
| <input type="checkbox"/> headaches/migraines                       | <input type="checkbox"/> scoliosis                                     |
| <input type="checkbox"/> numbness/tingling                         | <input type="checkbox"/> deep vein thrombosis/blood clots              |
| <input type="checkbox"/> easy bruising                             | <input type="checkbox"/> recent accident, injury, injection or surgery |
| <input type="checkbox"/> epilepsy                                  | <input type="checkbox"/> cancer  |
| <input type="checkbox"/> artificial joint                          | <input type="checkbox"/> implants of any kind within last 9 months     |
| <input type="checkbox"/> decreased sensation                       | <input type="checkbox"/> eye procedures within last 72 hours           |
| <input type="checkbox"/> osteoporosis                              | <input type="checkbox"/> pregnant (or trying)                          |
| <input type="checkbox"/> heart conditions, pacemaker, stint, shunt | <input type="checkbox"/> GI or kidney issues                           |
| <input type="checkbox"/> skin rashes                               | <input type="checkbox"/> high or low blood pressure                    |
| <input type="checkbox"/> Circulatory disorder                      |  |

Please explain any condition you have marked, INCLUDING, surgeries, accidents/injuries, and other medical conditions:  
\_\_\_\_\_  
\_\_\_\_\_

I \_\_\_\_\_, (print name) understand that the massage I receive is provided for the therapeutic measure used to reduce stress, muscular tension, and pain. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medial examination, diagnosis, or treatment and that I should see a physician or other qualified medical specialist for any mental or physical ailment of which I'm aware. Massage should not be performed under certain medical conditions, I affirm that I have stated all known medical conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapists part should I fail to do so. I understand there are no guarantees for recovery and if I am unsatisfied with the progress made with my treatment I will inform the therapist, so she may adjust the treatment or recommend another course of treatment. I also understand that massage therapy is non-sexual in nature and any advancement made will terminate the massage. Clients under the age of 18 must be accompanied by an adult or legal guardian during the entire session. **I agree to abide by a 24-hour cancellation notice for any scheduled massage. I understand I may be charged up to the full amount of service for missed appointments or any cancellations with less than a 24-hour notice.**

Signature of Client/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_